Points to Ponder about Alkaline Water

· Slows the Aging process
· Weight Loss Super Boosting Negative Ion's Break down fat cells
· Its strong antibacterial effect kills atopic skin diseases such as dermatitis and athletes foot.
· Alkaline water is rich in ionized calcium which aids in prevention of osteoporosis.
· Alkaline Water is molecularly smaller and is thus absorbed faster and more efficiently through your cell's walls, resulting in the fastest and most complete rehydration possible.
· Protects Your DNA from damage due to Cancer and diabetes causing Free Radicals.
· Alkaline water helps to preserve nutrients within foods during cooking as well as increase the natural taste and flavors of the food.
· Numerous studies into Alkaline Water's anti-diabetic effects have demonstrated its ability to "significantly reduced the blood glucose concentration and improve glucose tolerance"(Kim MJ) in diabetes mellitus cases.

"As we start to lose bicarbonates in our blood, around age 45, we begin to age physiologically," writes Sang Whang, author of Aging and Reverse Aging. "All we have to do to stop aging and maintain good health is to recharge bicarbonates to the blood." 2 Whang, Sang, Aging and Reverse Aging. Miami: JSP Publishing, 2005, p. 11.

"Your body can-and will-let go of the excess fat," writes Dr. Young. "If your food and drink are alkaline (meaning, in basic chemistry, the opposite of acid), all that acid-binding fat will just melt right off. There will be no need for the body to hold on to it anymore." 11 Young, Dr. Robert O., The pH Miracle for Weight Loss. New York: Grand Central Publishing, 2005, p. 15.

About Alkaline Water

The human body is approximately 70% water. Your health as well as all bodily functions are influenced by the quality of the water which you place in your body. Everything from the shine of your hair to the fairness of your skin and efficacy of your immune system depends upon the quality of water your body possess. By drinking water that is alkaline you will improve the quality of water which you place in your body, improving your overall health while simultaneously increasing your life expectancy. It would make sense then to improve the quality of your drinking water with a 6-stage Reverse Osmosis System.

The Scientific Facts about Alkaline Water

Scientific study has proven the health benefits of drinking Electrolysed Reduced Water (ERW) commonly Alkaline water.

Alkaline water is produced via the electrolysis process.

The electrolysis process produces reduced water of a higher pH value (greater than 7.0 which makes it Alkaline).

It is called Reduced Water because after leaving the Electrolysis Chamber the water molecules have been restructured leaving an abundance active hydrogen molecules which actively seeks out and bond with Reactive Oxygen Species (ROS) molecules known as Free Radicals.

These ROS molecules commonly known as Free Radicals are a by-product of metabolism and other factors such as Oxidative Stress (Oxidative Stress) and reek havoc on our bodies, "damaging DNA, RNA, Proteins, and contributing to the physiology of aging" (Reactive Oxygen Species, Lee MY). For this reason "drinking ionized water has demonstrated anti-aging effects as well as the prevention of diseases such as cancer, diabetes, ulcers, arteriosclerosis, atopic diseases, Parkinson's disease and even pigmentary degeneration of retina" (Shirahata, Animal Cell Technology: Basic And Applied Aspects , Ohmori K).